

| | | | | | | | | | | | |
|-------------------------|------------------------------|--------------------|--------------------|---------------------------------------|----------|---------------------|-----------|--------------|------------------|--------------|--------------|
| Date 4/7/2019 | Diving Order | Final Score | Final Place | M | W | 1m | 3m | Tower | Age 15 | Grade | Group |
| Diver | Sophia MAY | | | Team | | Upper Valley Diving | | | | | |
| Meet | 2019 CMD SPRING INVITATIONAL | | | Coach | | | | | | | |
| Event | JO GROUP A 16-18 GIRLS 1M | | | OFFICIAL AAU DIVING SCORESHEET | | | | | | | |

| Dive # Rnd | DD Description | JUDGES SCORES | | | | | | | | | Net Total | A | W | A | R | D |
|---------------|---|---------------|---|---|---|---|---|---|---|---|--------------|---|---|---|---|---|
| | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | | |
| 1 1M | 101B 1.3 Voluntary Forward Dive, Pike | | | | | | | | | | | | | | | |
| 2 1M | 201B 1.6 Voluntary Back Dive, Pike | | | | | | | | | | | | | | | |
| 3 1M | 301C 1.6 Voluntary Reverse Dive, Tuck | | | | | | | | | | | | | | | |
| 4 1M | 401B 1.5 Voluntary Inward Dive, Pike | | | | | | | | | | | | | | | |
| 5 1M | 5221D 1.7 Voluntary Back 1 SS, 1/2 Twist, Free | | | | | | | | | | | | | | | |
| 6 1M | 103B 1.7 Forward 1-1/2 SS, Pike | | | | | | | | | | | | | | | |
| 7 1M | 202B 1.6 Back 1 SS, Pike | | | | | | | | | | | | | | | |
| 8 1M | 302C 1.6 Reverse 1 SS, Tuck | | | | | | | | | | | | | | | |
| 9 1M | 402C 1.6 Inward 1 SS, Tuck | | | | | | | | | | | | | | | |

Total DD: Opt = 6.5 Vol = 7.7

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|--------------------------|---------------------------------|--------------------|--------------------|--|----------|--------------------------|-----------|--------------|------------------|--------------|--------------|
| Date 1/27/2019 | Diving Order | Final Score | Final Place | M | W | 1m | 3m | Tower | Age 15 | Grade | Group |
| Diver | Sophia MAY | | | Team | | Hanover (NH) High School | | | | | |
| Meet | Exeter (NH) Diving Invitational | | | Coach | | | | | | | |
| Event | Girls 1 Meter 11 Dive | | | OFFICIAL NFHS DIVING SCORESHEET | | | | | | | |

| Dive # Rnd | DD Description | JUDGES SCORES | | | | | | | | | Net Total | | | | | |
|---------------|---|---------------|---|---|---|---|---|---|---|---|--------------|---|---|---|---|---|
| | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | A | W | A | R | D |
| 1 1M | 102B 1.5 Voluntary Forward 1 SS, Pike | | | | | | | | | | | | | | | |
| 2 1M | 201A 1.7 Voluntary Back Dive, Straight | | | | | | | | | | | | | | | |
| 3 1M | 202B 1.6 Back 1 SS, Pike | | | | | | | | | | | | | | | |
| 4 1M | 402C 1.6 Inward 1 SS, Tuck | | | | | | | | | | | | | | | |
| 5 1M | 103B 1.7 Forward 1-1/2 SS, Pike | | | | | | | | | | | | | | | |

Rounds 1 to 5 contain 2 voluntaries and 3 optionals. Total voluntary DD cannot exceed 9.0. All 5 categories must be represented in the first 8 rounds.

| | | | | | | | | | | | | | | | | |
|---------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 6 1M | 401B 1.5 Voluntary Inward Dive, Pike | | | | | | | | | | | | | | | |
| 7 1M | 5121D 1.7 Voluntary Forward 1 SS, 1/2 Twist, Free | | | | | | | | | | | | | | | |
| 8 1M | 302C 1.6 Reverse 1 SS, Tuck | | | | | | | | | | | | | | | |

Rounds 6 to 8 contain 2 voluntaries and one optional. An optional category cannot be repeated in the first 8 rounds.

| | | | | | | | | | | | | | | | | |
|----------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 9 1M | 301C 1.6 Voluntary Reverse Dive, Tuck | | | | | | | | | | | | | | | |
| 10 1M | 5221D 1.7 Back 1 SS, 1/2 Twist, Free | | | | | | | | | | | | | | | |
| 11 1M | 104C 2.2 Forward 2 SS, Tuck | | | | | | | | | | | | | | | |

Rounds 9 to 11 contain 1 voluntary and 2 optionals.

Total DD: Opt = 10.4 Vol = 8.0

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| Date 1/20/2019 | Diving Order | Final Score | Final Place | M | W | 1m | 3m | Tower | Age 15 | Grade | Group |
| Diver | Sophia MAY | | | Team | | Hanover (NH) High School | | | | | |
| Meet | Hanover (NH) January Diving Invitational | | | Coach | | | | | | | |
| Event | Girls 1 Meter 11 Dive | | | OFFICIAL NFHS DIVING SCORESHEET | | | | | | | |

| Dive # Rnd | DD Description | JUDGES SCORES | | | | | | | | | Net Total | | | | | | | | |
|---------------|---|---------------|---|---|---|---|---|---|---|---|--------------|---|---|---|---|---|--|--|--|
| | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | A | W | A | R | D | | | |
| 1 1M | 101B 1.3 Voluntary Forward Dive, Pike | | | | | | | | | | | | | | | | | | |
| 2 1M | 201A 1.7 Voluntary Back Dive, Straight | | | | | | | | | | | | | | | | | | |
| 3 1M | 202B 1.6 Back 1 SS, Pike | | | | | | | | | | | | | | | | | | |
| 4 1M | 402C 1.6 Inward 1 SS, Tuck | | | | | | | | | | | | | | | | | | |
| 5 1M | 103B 1.7 Forward 1-1/2 SS, Pike | | | | | | | | | | | | | | | | | | |

Rounds 1 to 5 contain 2 voluntaries and 3 optionals. Total voluntary DD cannot exceed 9.0. All 5 categories must be represented in the first 8 rounds.

| | | | | | | | | | | | | | | | | | | | |
|---------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 6 1M | 401B 1.5 Voluntary Inward Dive, Pike | | | | | | | | | | | | | | | | | | |
| 7 1M | 5121D 1.7 Voluntary Forward 1 SS, 1/2 Twist, Free | | | | | | | | | | | | | | | | | | |
| 8 1M | 302C 1.6 Reverse 1 SS, Tuck | | | | | | | | | | | | | | | | | | |

Rounds 6 to 8 contain 2 voluntaries and one optional. An optional category cannot be repeated in the first 8 rounds.

| | | | | | | | | | | | | | | | | | | | |
|----------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 9 1M | 301C 1.6 Voluntary Reverse Dive, Tuck | | | | | | | | | | | | | | | | | | |
| 10 1M | 5221D 1.7 Back 1 SS, 1/2 Twist, Free | | | | | | | | | | | | | | | | | | |
| 11 1M | 104C 2.2 Forward 2 SS, Tuck | | | | | | | | | | | | | | | | | | |

Rounds 9 to 11 contain 1 voluntary and 2 optionals.

Total DD: Opt = 10.4 Vol = 7.8

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| Date 2/8/2019 | Diving Order | Final Score | Final Place | M | W | 1m | 3m | Tower | Age 15 | Grade | Group |
| Diver | Sophia MAY | | | Team | | Hanover (NH) High School | | | | | |
| Meet | NHIAA State Swimming and Diving Championships | | | Coach | | | | | | | |
| Event | Division II Girls | | | OFFICIAL NFHS DIVING SCORESHEET | | | | | | | |

| Dive # Rnd | DD Description | JUDGES SCORES | | | | | | | | | Net Total | | | | | | | | | |
|---------------|---|---------------|---|---|---|---|---|---|---|---|--------------|---|---|---|---|---|--|--|--|--|
| | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | A | W | A | R | D | | | | |
| 1 1M | 101B 1.3 Voluntary Forward Dive, Pike | | | | | | | | | | | | | | | | | | | |
| 2 1M | 201A 1.7 Voluntary Back Dive, Straight | | | | | | | | | | | | | | | | | | | |
| 3 1M | 202B 1.6 Back 1 SS, Pike | | | | | | | | | | | | | | | | | | | |
| 4 1M | 402C 1.6 Inward 1 SS, Tuck | | | | | | | | | | | | | | | | | | | |
| 5 1M | 102B 1.5 Forward 1 SS, Pike | | | | | | | | | | | | | | | | | | | |

Rounds 1 to 5 contain 2 voluntaries and 3 optionals. Total voluntary DD cannot exceed 9.0. All 5 categories must be represented in the first 8 rounds.

| | | | | | | | | | | | | | | | | | | | | |
|---------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 6 1M | 401B 1.5 Voluntary Inward Dive, Pike | | | | | | | | | | | | | | | | | | | |
| 7 1M | 5121D 1.7 Voluntary Forward 1 SS, 1/2 Twist, Free | | | | | | | | | | | | | | | | | | | |
| 8 1M | 302C 1.6 Reverse 1 SS, Tuck | | | | | | | | | | | | | | | | | | | |

Rounds 6 to 8 contain 2 voluntaries and one optional. An optional category cannot be repeated in the first 8 rounds.

| | | | | | | | | | | | | | | | | | | | | |
|----------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 9 1M | 301C 1.6 Voluntary Reverse Dive, Tuck | | | | | | | | | | | | | | | | | | | |
| 10 1M | 5221D 1.7 Back 1 SS, 1/2 Twist, Free | | | | | | | | | | | | | | | | | | | |
| 11 1M | 103B 1.7 Forward 1-1/2 SS, Pike | | | | | | | | | | | | | | | | | | | |

Rounds 9 to 11 contain 1 voluntary and 2 optionals.

Total DD: Opt = 9.7 Vol = 7.8

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|--------------------------|---|--------------------|--------------------|---------------------------------------|----------|---------------------|-----------|--------------|------------------|--------------|--------------|
| Date 4/28/2019 | Diving Order | Final Score | Final Place | M | W | 1m | 3m | Tower | Age 15 | Grade | Group |
| Diver | Sophia MAY | | | Team | | Upper Valley Diving | | | | | |
| Meet | Upper Valley Diving Spring Fling with a Twist | | | Coach | | | | | | | |
| Event | Group A Girls 1M | | | OFFICIAL AAU DIVING SCORESHEET | | | | | | | |

| Rnd | Dive # | DD | Description | JUDGES SCORES | | | | | | | | | Net Total | A | W | A | R | D |
|--|----------------------------|-----|-------------|---------------|---|---|---|---|---|---|---|---|-----------|---|---|---|---|---|
| | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | | |
| 1 | 101B | 1.3 | Voluntary | | | | | | | | | | | | | | | |
| 1M | Forward Dive, Pike | | | | | | | | | | | | | | | | | |
| Rounds 9 to 11 contain 1 voluntary and 2 optional. | | | | | | | | | | | | | | | | | | |
| 2 | 201B | 1.6 | Voluntary | | | | | | | | | | | | | | | |
| 1M | Back Dive, Pike | | | | | | | | | | | | | | | | | |
| Rounds 9 to 11 contain 1 voluntary and 2 optional. | | | | | | | | | | | | | | | | | | |
| 3 | 301C | 1.6 | Voluntary | | | | | | | | | | | | | | | |
| 1M | Reverse Dive, Tuck | | | | | | | | | | | | | | | | | |
| Rounds 9 to 11 contain 1 voluntary and 2 optional. | | | | | | | | | | | | | | | | | | |
| 4 | 401B | 1.5 | Voluntary | | | | | | | | | | | | | | | |
| 1M | Inward Dive, Pike | | | | | | | | | | | | | | | | | |
| Rounds 9 to 11 contain 1 voluntary and 2 optional. | | | | | | | | | | | | | | | | | | |
| 5 | 5221D | 1.7 | Voluntary | | | | | | | | | | | | | | | |
| 1M | Back 1 SS, 1/2 Twist, Free | | | | | | | | | | | | | | | | | |
| Rounds 9 to 11 contain 1 voluntary and 2 optional. | | | | | | | | | | | | | | | | | | |
| 6 | 103B | 1.7 | | | | | | | | | | | | | | | | |
| 1M | Forward 1-1/2 SS, Pike | | | | | | | | | | | | | | | | | |
| Rounds 9 to 11 contain 1 voluntary and 2 optional. | | | | | | | | | | | | | | | | | | |
| 7 | 202B | 1.6 | | | | | | | | | | | | | | | | |
| 1M | Back 1 SS, Pike | | | | | | | | | | | | | | | | | |
| Rounds 9 to 11 contain 1 voluntary and 2 optional. | | | | | | | | | | | | | | | | | | |
| 8 | 302C | 1.6 | | | | | | | | | | | | | | | | |
| 1M | Reverse 1 SS, Tuck | | | | | | | | | | | | | | | | | |
| Rounds 9 to 11 contain 1 voluntary and 2 optional. | | | | | | | | | | | | | | | | | | |
| 9 | 402C | 1.6 | | | | | | | | | | | | | | | | |
| 1M | Inward 1 SS, Tuck | | | | | | | | | | | | | | | | | |
| Rounds 9 to 11 contain 1 voluntary and 2 optional. | | | | | | | | | | | | | | | | | | |

Total DD: Opt = 6.5 Vol = 7.7

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